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Ear mite (*Otodectes cynotis*) induced otitis externa complicated by secondary bacterial infection in Persian cats

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Abstract

Ear mite infestation is a common cause of otitis in cats. Ear mite induced otitis externa complicated with *Staphylococci* spp. and *E.Coli* was diagnosed in two Persian cats which were housed in same premises. For treatment, two doses of ivermectin @ 0.2 mg / Kg body weight were given subcutaneously at 15 days interval along with 0.3% gentamicin and 0.3% moxifloxacin otic drops (as per culture sensitivity reports of individual case) for five days after cleaning ear with 2% Salicylic acid ear drops. After three days of treatment, clinical symptoms disappeared. No agents of *Otodectes cynotis* were identified by microscopic examination on seventh and fourteenth day post treatment.

Keywords: Otitis, Otodectis cyanotis, secondary bacterial infection, otic drops

Introduction

Otitis is defined as inflammation of the ear. Otitis externa is a term used when only the external canal, outside of the tympanic membrane, is involved. Ear mites are the most common cause of ear infections and health care problems in cats (Akucewich et al., 2002)^[2]. Feline otitis is a multifactorial and challenging clinical problem. Predisposing factors includes highhumidity environments and frequently bathing. Cats, especially Persians and Siamese cats, have excessively ceruminous ears and hence are more at risk. Otodectes cynotis is thought to be responsible for 50% or more of feline otitis externa cases (Griffin, 1993) ^[11]. Clinical signs include erythema, increased discharges or desquamation of the epithelium and pain or pruritus. Cats with infested ears show pruritus in 41.5% of cases and abnormal auricular secretions in 85.4% of cases (Sotiraki *et al.*, 2001)^[25]. In cats ear mite infection is commonly caused by Otodectes cynotis (picker of the ear), Cheyletiella blakei (walking dandruff) and Notoedres cati (face mange) (Dryden and Payne, 2005)^[7]. Otodectes cynotis commonly known as ear mite is non- burrowing, white and very active parasite belongs to the member of Psorptidae family and the most common cause of ear infection in cats while it is less common in dogs (Maazi et al., 2010)^[17]. They are highly contagious and can infest several species of animals (Scott et al., 2001). The host's range of this highly contagious mite is wide enough and includes cats, dogs, foxes, ferrets and infrequently in humans (Wiwanitkit, 2011)^[27]. The cat plays a vital role in transmission of ear mite in adult dogs, rabbit and ferret (Sasikala et al., 2011) ^[22]. The mechanical irritation caused by the presence of the mites inside the ears may lead to a higher activity of ceruminal glands and, consequently, the establishment of a favorable environment for secondary infections by bacteria or fungi (August, 1988)^[3]. The infestation is named otodectic mange (Sweatman, 1958) [26]. Secondary bacterial (mainly Staphylococci spp.) and fungal (Malassezia spp.) infections are also very common in cats affected by the ear mite as being most frequently isolated microorganisms in such cases (Roy et al., 2011)^[19]. All cats infested with ear mites will not display symptoms of ear mites but often they will scratch at their ears or shake their heads (Wiwanitkit, 2012)^[28]. Diagnosis is mainly done by physical examination of the ear and microscopic examination of ear discharge. The present study describes the clinicopathological diagnosis and successful therapeutic management of ear mite in cats.

Material and Methods

A three month old white Persian female cat and a two and half month old black Persian male cat were presented to the Department of Veterinary Clinical Complex of the University at one month interval, with a history of head shaking and ear scratching.

Clinical examination revealed bilateral excessive dark brown ceruminous exudates loosely attached to the inner surface of pinnae and almost completely clogging the ear canal. History revealed that both the pets were housed in same premises. A very offensive odor was present in the ear. The ear discharge was collected by sterile cotton swabs and smears were made for microscopic examination. Bacteriological culture and culture sensitivity was also done.

Results and Discussion

The present study describes the clinical findings, diagnosis and therapeutic management of *Otodectes cynotis* in cats. Microscopically, ear exudate revealed adult parasites of *Otodectes* spp. along with their ova. Bacteriological culture was done to find out causative agent for secondary bacterial infection and culture sensitivity test was done. Thus, on the basis of history, clinical manifestations and evidence of parasites in ear exudate, both the cats were diagnosed to be having ear mite infection. Ear wax, collected by sterile cotton swab when examined under microscope (40X) revealed 3-4 adults mites per field along with 2-3 eggs per field. Bacterial culture yielded *Staphylococcus* spp. infection in both ears of one cat while other cat was suffering from infection with *E.coli* in left ear and *Staphylococcus* spp. in right ear. Culture sensitivity reports are shown in Table 1. Staphylococci were the bacteria isolated from both the cats ears infested with *O. cynotis;* which is consistent with previous reports on cats suffering from otitis externa (Hariharan *et al.*, 2006) ^[13]. Both the cats presented were young and aged between 2.5 months to 3 months age. Lefkaditis *et al.* (2009) ^[15] described more susceptibility in kitten between 3-6 months of age.

Table	1:	Cultural	reports	of Ea	r swabs	collected	from	both	the	cats
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Parameter	Cat A	Cat B			
Age	3 months	2.5 months			
Sex	Female	Male			
Breed	White Persian	Black Persian			
Secondary bacterial infection	Right ear - <i>Staphylococcus</i> spp. Left ear – <i>E. coli</i>	Right and left ear - Staphylococcus spp.			
Bacterial isolate sensitivity	Tobramycin, Gentamcin	Cephalexin, Moxifloxacin, Ampicillin, Amikacin, Cloxacillin, Cefoperazone			
Bacterial isolate resistance	Cephalexin, Moxifloxacin, Ampicillin, Amikacin, Cloxacillin, Cefoperazone, Enrofloxacin, Penicillin G, Carbenicillin, Streptomycin, Amoxycillin, Ciprofloxacin, Norfloxacin, Cloramphenicol, Kanamycin, Ceftriaxone, Levofloxacin, Cefotaxime, Neomycin	Enrofloxacin, Penicillin G, Carbenicillin, Streptomycin, Amoxycillin, Ciprofloxacin, Norfloxacin, Cloramphenicol, amycin, Ceftriaxone, Levofloxacin, Cefotaxime, Neomycin Tobramycin, Gentamcin			

The cats were treated with two injections of ivermectin (200 μ g/kg b.m. s/c) at a 15 day interval. Ears were cleaned with 2% Salicylic acid and then otic drops containing 0.3% Gentamicin and 0.3% Moxifloxacin, was instilled three times a day for five days in Cats A and B respectively. Clinical signs disappeared three days after treatment. Following seven and fourteen days post therapy cat ear became normal without exudation and irritation. No parasite was identified on re–examination of ear swabs. Moxidectin was used for treatment of ear mites by Fourie *et al.* (2003) ^[9], Lefkaditis and Koukeri (2007) ^[16], Farkas *et al.* (2007) ^[8], Davis *et al.* (2007) ^[6] and

Ahn *et al.* (2013) ^[1] and reported efficacy varing from 80% to 100%. Selamectin was reported to be 96% to 100% successful in treatment of ear mites by Six *et al.* (2000) ^[24], Shanks *et al.* (2000) ^[23], Blot *et al.* (2003) ^[5], Beck (2010) ^[4], Roy *et al.* (2012) ^[20] and Ozkan *et al.* (2013) ^[18]. Doramectin was found to be 90% efficacious in treating ear mites by Salib and Baraka (2011) ^[21]. Ivermectin by S/C route was found to be 75% to 100% successful in treating ear mites by Gram *et al.* (1994) ^[10], Kavitha *et al.* (2013) ^[14] and Hamed *et al.* (2015) ^[12].



Fig 1: Excessive dark brown cerucminous exudates in ears



Fig 2: Adult otodectis cyanotis under microscope



Fig 3: Egg of otodectes mite



Fig 4: Cat after recovery having clear ear

From the present study, it may be concluded that *Otodectes* can be transmitted from one cat to another cat, if they are kept in close premises. Cats of younger age are more affected than adult one with ivermectin still the effective drug in controlling ear mite without any detrimental effect.

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