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## Efficacy evaluation of some polyherbal formulations in the management of subclinical mastitis in buffaloes

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### Abstract

Subclinical mastitis is an important problem for the dairy industry, responsible for reduced milk production and economic losses. The present study was conducted to evaluate the efficacy of some polyherbal formulations in the management of subclinical mastitis in buffaloes. 30 buffaloes with subclinical mastitis were assigned to one of three groups. In group G1, Mastilep® spray was applied on teats and udder twice a day after milking for five days; in group G2, Mastilep® gel was applied on teats and udder twice a day after milking for five days, and in group G3, Brand A spray was applied on teats and udder twice a day after milking for five days. Mastilep® (M/s Ayurved Limited, India) is a scientifically prepared polyherbal formulation for control of mastitis available in gel and spray forms. Its key ingredients include oils of *Cedrus deodara*, *Curcuma longa*, *Eucalyptus globulus*, etc. The efficacy of various treatments was compared based on improvements in milk fat, milk yield, and somatic cell count (SCC). Based on the findings of the study, Mastilep® spray was found to be more efficacious in management of subclinical mastitis in buffaloes followed by Mastilep® gel.

**Keywords:** Buffaloes, herbal, mastilep, subclinical mastitis, somatic cell count

### Introduction

Mastitis is considered to be most prevalent and costly disease of the dairy animals as it causes huge financial losses to the dairy industry in terms of compromised health of animals, and poor quality and quantity of milk [1]. Mastitis is mainly characterized by pathological changes such as inflammation of the udder, and physico-chemical and microbiological changes in the milk [2]. However, macroscopic changes in udder and milk are absent in cases of subclinical mastitis and, thus, have to be usually screened by laboratory tests. Mastitis is predominantly caused by bacterial pathogens and may also involve fungi and yeasts [3]. Antimicrobial intramammary infusions are the mainstay of treatment against mastitis but due to increase in prevalence of multi-drug resistance bacteria and antibiotic residues in milk, there is a need for herbal alternatives for the control of mastitis. The present study was designed to evaluate the efficacy of some polyherbal formulations in the management of subclinical mastitis in buffaloes.

### Materials and Methods

The clinical trial was undertaken at the Instructional Livestock Farm Complex, COVAS, Parbhani (Latitude: 19.25°N and longitude: 76.78°E) and in and around Parbhani from November, 2020 to April, 2021. 30 buffaloes diagnosed positive for subclinical mastitis by modified California Mastitis Test (mCMT), Mastrip® test, cultural examination, and somatic cell count (SCC) were assigned to one of three equal groups (G1-G3) as shown in Table 1.

**Table 1:** Experimental design

Group (n=10)	Treatment
G1	Mastilep® spray twice daily for 5 days (applied on teats and udder after each milking)
G2	Mastilep® gel twice daily for 5 days (applied on teats and udder after each milking)
G3	Brand A spray twice daily for 5 days (applied on teats and udder after each milking)

Milk samples were collected under aseptic conditions from all the groups and subjected to SCC, milk yield, and milk fat on days 0 (pre-treatment) and 5, 14, 21, and 28 (post-treatment). The efficacy of various treatments was compared based on improvements in milk fat, milk

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yield, and SCC. Data were subjected to statistical analysis by using SPSS v.20.0.0 and  $p \leq 0.05$  was considered statistically significant [4].

## Results and Discussion

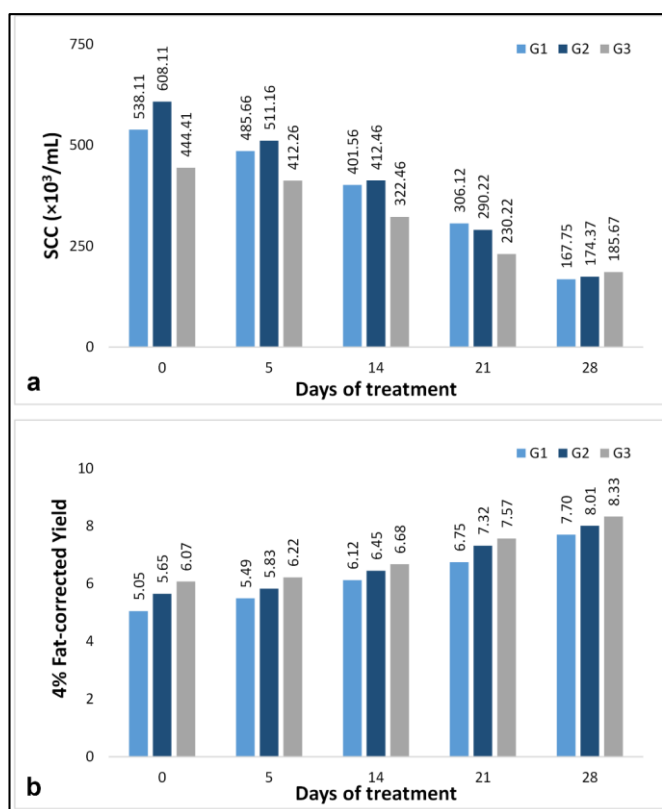
The present study aimed to evaluate the efficacy of some

polyherbal formulations in the management of subclinical mastitis in buffaloes. Results of SCC, milk yield, and milk fat on days 0 (pre-treatment) and 5, 14, 21, and 28 after treatment with Mastilep® spray, Mastilep® gel, and Brand A spray have been summarized in Table 2; SCC and 4% fat-corrected milk yields have also been compared in Figures 1a and b.

**Table 2:** SCC, milk yield, and milk fat before and after treatment with Mastilep spray, Mastilep gel, and Brand a spray.

Parameter		G1	G2	G3
Somatic cell count (SCC; $\times 10^3/\text{mL}$ )	day 0	538.108 <sup>xa</sup> $\pm$ 23.80	608.108 <sup>xa</sup> $\pm$ 44.34	444.408 <sup>ya</sup> $\pm$ 35.46
	day 5	485.659 <sup>xb</sup> $\pm$ 22.98	511.159 <sup>ya</sup> $\pm$ 39.50	412.258 <sup>yb</sup> $\pm$ 35.41
	day 14	401.557 <sup>zb</sup> $\pm$ 26.82	412.457 <sup>zb</sup> $\pm$ 30.57	322.457 <sup>yb</sup> $\pm$ 31.64
	day 21	306.124 <sup>zc</sup> $\pm$ 14.39	290.224 <sup>zb</sup> $\pm$ 27.77	230.224 <sup>xb</sup> $\pm$ 32.67
	day 28	167.752 <sup>xd</sup> $\pm$ 9.58	174.372 <sup>xc</sup> $\pm$ 19.16	185.67 <sup>xb</sup> $\pm$ 20.92
Milk yield (L)	day 0	3.795 <sup>xa</sup> $\pm$ 0.21	4.495 <sup>xa</sup> $\pm$ 0.22	4.395 <sup>xa</sup> $\pm$ 0.13
	day 5	4.055 <sup>yb</sup> $\pm$ 0.22	4.555 <sup>xa</sup> $\pm$ 0.22	4.430 <sup>xa</sup> $\pm$ 0.13
	day 14	4.280 <sup>zc</sup> $\pm$ 0.204	4.828 <sup>yb</sup> $\pm$ 0.21	4.590 <sup>xa</sup> $\pm$ 0.123
	day 21	4.479 <sup>zd</sup> $\pm$ 0.213	5.205 <sup>xb</sup> $\pm$ 0.212	4.942 <sup>yb</sup> $\pm$ 0.137
	day 28	4.860 <sup>yc</sup> $\pm$ 0.184	5.524 <sup>xb</sup> $\pm$ 0.213	5.249 <sup>yc</sup> $\pm$ 0.135
Milk Fat (%)	day 0	5.328 <sup>xa</sup> $\pm$ 0.247	5.028 <sup>xa</sup> $\pm$ 0.352	5.528 <sup>xa</sup> $\pm$ 0.167
	day 5	5.417 <sup>xa</sup> $\pm$ 0.159	5.117 <sup>xa</sup> $\pm$ 0.358	5.617 <sup>xa</sup> $\pm$ 0.250
	day 14	5.721 <sup>xb</sup> $\pm$ 0.264	5.347 <sup>ya</sup> $\pm$ 0.353	5.820 <sup>xb</sup> $\pm$ 0.148
	day 21	6.026 <sup>zc</sup> $\pm$ 0.272	5.627 <sup>yb</sup> $\pm$ 0.356	6.125 <sup>yc</sup> $\pm$ 0.146
	day 28	6.339 <sup>zd</sup> $\pm$ 0.270	5.797 <sup>yb</sup> $\pm$ 0.355	6.347 <sup>yd</sup> $\pm$ 0.153

(Means bearing superscript a, b, c, d, e differ significantly within the group and means bearing superscript x, y, z differ significantly between the groups;  $p \leq 0.05$ )



**Fig 1:** SCC and 4% fat-corrected milk yield before and after treatment with Mastilep spray, Mastilep gel, and Brand A spray.

Animal with SCC below 2 lac cells/mL are considered to be healthy [5]. Increase in SCC indicates inflammatory reaction of udder tissue and this increase might be due to shift of leucocyte to the udder as a defense mechanism [6]. In group G1 and G3, SCC reduced significantly on days 5, 14, 21, and 28 of treatment whereas non-significant decrease in mean SCC was observed in group G2 on day 5 and significant

decrease was found on days 14, 21 and 28 of treatment as compared to day 0 before initiation of treatment. On day 28 of treatment, SCC returned to normal in all the groups; overall reduction in SCC being 68.82%, 71.32%, and 58.22%, respectively. Higher decrease in SCC in Mastilep® gel and Mastilep® spray treated animals might be attributed to antibacterial and anti-inflammatory properties of their constituent herbs [7, 8]. Similar findings on the ability of topical herbal preparations to reduce SCC has also been reported [9, 10, 11]. Previous studies on Mastilep have also reported its usefulness in reducing SCC to normal in subclinical mastitis in cows [12, 13].

Mastitis is one of the costliest diseases in terms of production losses especially milk yield, which accounts for approximately 49% of the total loss per lactation [14]. In group G1, milk yield increased significantly (6.85%) on day 5 of treatment whereas in other two groups non-significant increase was found on day 5 of treatment as compared to day 0. On days 14, 21, and 28 of treatment, milk yield increased significantly in groups G1 and G2 whereas in group G3, significant increase in milk yield was seen on days 21 and 28 of treatment as compared to day 0. Overall, 28.06%, 22.89%, and 19.43% increase in milk yield was observed on day 28 in groups G1, G2, and G3, respectively. Similarly, Balakrishnan *et al.* reported improvement in milk production in animals treated for mastitis with certain herbal preparation because of combined action of herbs owing to antimicrobial, anti-inflammatory, and immunomodulatory activities [15]. Similar to our findings, Hadiya *et al.* also reported significant increase in milk yield on application of Mastilep for treatment of subclinical mastitis in cattle [16]. This observed response of Mastilep may be due to antibacterial and anti-inflammatory property of the key constituents present in Mastilep such as *Cedrus deodara*, *Curcuma longa* and *Eucalyptus globulus*. Further, better permeation of bioactive compounds due to the presence of solvents may, possibly, be a factor contributing to the slightly better results obtained with the spray form over

the gel form.

Subclinical mastitis in buffaloes results in decreased fat content in milk due to impaired synthetic and secretory activity of epithelial cells<sup>[17]</sup>. In groups G1 and G3, milk fat increased significantly on days 14, 21, and 28 of treatment whereas in group G2, significant increase in milk fat was found on days 21 and 28 of treatment as compared to day 0. Highest increase in milk fat content, *i.e.* 18.97%, was recorded in group G1 followed by group G2 (15.29%) and groups G3 (14.81%) on day 28 of treatment. This increase might be due to synergistic action of the bioactive compounds of the constituent herbs that reduces bacterial load and inflammation of the udder<sup>[18, 19]</sup>. In contrast to our study, Nurdin *et al.* reported no significant improvement in fat content of milk of mastitic dairy cow<sup>[20]</sup>. However, in line with the findings of our study, Maramulla *et al.* reported increase in fat content of milk of cows suffering from subclinical mastitis after treatment with herbal preparations<sup>[21]</sup>. In agreement with our findings, Bansal and co-workers reported improvement in milk fat % upon application of Mastilep spray for treatment of mastitis in cows<sup>[22]</sup>.

Mastilep is a non-antibiotic approach for control of mastitis that improves udder immunity *via* strengthening and maintaining integrity of teat canal. Bioactive compounds present in the constituents of Mastilep eliminate udder microbial loads. Both Mastilep and Brand A contain oils of *Eucalyptus globulus*, *Ocimum sanctum*, etc. Besides these ingredients, Mastilep also contains oils of *Cedrus deodara*, *Curcuma longa*, and *Azadirachta indica* that are reputed for their antimicrobial and anti-inflammatory properties<sup>[23-26]</sup>. In previous studies, Mastilep has shown efficacy not only in cows but also in other species such as goats. Digraskar *et al.* reported remarkable efficacy *i.e.* 83.33% of Mastilep gel along with antioxidant mineral supplement for treatment of caprine mastitis<sup>[27]</sup>.

### Conclusion

In conclusion, subclinical mastitis in buffaloes resulted in decreased milk yield, milk fat, and increased SCC, which were improved by topical application of spray and gel. Among treatments, Mastilep<sup>®</sup> spray was found to be most efficacious at reducing SCC and increasing milk yield and milk fat percentage followed by Mastilep<sup>®</sup> gel and popular competitor spray of Brand A.

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### Conflict of Interest

Mastilep and Mastrip are commercial brands of M/s Ayurvet Limited, India. This study was financially supported by M/s Ayurvet Limited and authors BN and BG are full-time employees of M/s Ayurvet Limited. The financial support or affiliation of the co-authors did not influence the study outcomes or interpretation of results in any manner.

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