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Biochemical and biomarker alterations in bacterial lower urinary tract infection (BLUTI) in geriatric dogs

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Abstract

The present study was carried out to investigate the biochemical and biomarker changes in bacterial lower urinary tract infection (BLUTI) of geriatric dogs. Out of 620 geriatric dogs that were brought to the outpatient ward of VCC, CVSc., Rajendranagar, 184 dogs were showing the clinical signs indicative of bacterial lower urinary tract infection, such as haematuria, pollakiuria, stranguria, dysuria, periuria, abdominal pain, foul smelling urine, depression, loss of appetite, anuria and fever. Blood samples were collected from the study group animals for the estimation of various biochemical and biomarker parameters. Dogs affected with BLUTI had slightly elevated mean values of creatinine (1.54±0.16 mg/dl) and BUN (24.32±0.47 mg/dl). Hypoproteinaemia (4.58±0.29 g/dl) and hypoalbuminaemia (2.21±0.24 g/dl) were significant (p<0.05) whereas, ALT (40.18±1.10 IU/L), glucose (104.68 ±1.48 mg/dl) and SDMA (8.23±0.14 µg/dl) were within the reference range. Significant (p<0.05) elevation in the mean values of C-reactive protein (47.2±4.6 mg/L) were noticed when compared to apparently healthy adult dogs. Though all these dogs were diagnosed for bacterial lower urinary tract infections, slight but nonsignificant elevation of serum creatinine and BUN evalutions a careful and periodical monitoring of geriatric dogs to prevent clinical outcome of organ specific infections.

Keywords: Bacterial lower urinary tract, biochemical and biomarker, geriatric dogs

1. Introduction

Lower urinary tract infection (LUTI) refers to the microbial colonization of the urine or of any portion of the urinary tract (Greene, 2012) ^[1]. Lower urinary tract infection of bacterial origin is the most common infectious disease of dogs, affecting 14% of all dogs during their lifetime. Most urinary tract infections are the result of ascending bacteria from rectal or fecal contamination or from the distal urogenital tract. The infection is more prevalent in older dogs with a median age of 9 years (Westdropp *et al.*, 2012, Wong *et al.*, 2015 and Liebelt and Pigott, 2019) ^[2, 3, 4]. Bacterial urinary tract infections can be classified as simple or uncomplicated, which is a sporadic bacterial infection of the urinary tract in another wise healthy individual with normal urinary tract anatomy and function, and it does not occur more frequently than every 4 to 6 months, and complicated, UTI occurs in the presence of an anatomic or functional abnormality or comorbidity that may predispose the patient to persistent infection, recurrent infection or treatment failure (Wood, 2017) ^[5]. The present study was conducted to ascertain the biochemical and biomarker alterations among geriatric dogs with bacterial lower urinary tract infection (Cystitis).

2. Materials and Methods

Geriatric dogs that were showing the clinical signs indicative of bacterial lower urinary tract infection (BLUTi), such as haematuria, pollakiuria, stranguria, dysuria, periuria, abdominal pain, foul smelling urine, depression, loss of appetite, anuria and fever were taken up for detailed study. After a thorough clinical examination, whole blood was collected from cephalic and saphenous vein with the help of sterile disposable syringe and transferred into clot activator coated sterile serum vials. Serum vacutainers were kept undisturbed till serum separation and the serum was transferred to Eppendorf tubes and labeled accordingly and stored in refrigerator at 4⁰c for biochemical and biomarker analysis. Biochemical samples were estimated with the help of Huma count and whereas, the C-reactive protein and SDMA were analyzed using ELISA reader in the Department of Veterinary medicine, College of Veterinary Science, Rajendranagar, Hyderabad. The data collected was statistically analyzed as per the methods described by Snedecor and Cochran (1994)^[6] by using SPSS package version 20.00.

The significance of results was evaluated by applying one way ANOVA and t- test to determine significant difference among means. However, all these parameters were also evaluated from apparently healthy adult dogs to establish normal values and comparison.

3. Results

The various biochemical and biomarker parameters of the geriatric dogs diagnosed for bacterial lower urinary tract infection were evaluated and comparative analysis of these parameters are presented in table 1 and fig.1. The biochemical findings revealed, slightly elevated mean values of creatinine (1.54±0.16 mg/dl) and BUN (24.32±0.47 mg/dl) that were non-significantly different when comparison with apparently healthy adult dogs. Though there was a mean slight elevation seen in the values of creatinine and BUN in dogs with BLUTI, all the affected dogs did not show elevated values. Hypoproteinaemia (4.58±0.29 g/dl) and hypoalbuminaemia $(2.21\pm0.24 \text{ g/dl})$ were significant (p<0.05) in dogs with BLUTI whereas, values of ALT (40.18±1.10 IU/L), glucose $(104.68 \pm 1.48 \text{ mg/dl})$ and SDMA $(8.23\pm 0.14 \mu \text{g/dl})$ were within the reference range. Another biomarker, the C-reactive protein revealed significant (p < 0.05) elevation in the mean values (47.2±4.6 mg/L) on '0' day when compared with apparently healthy adult group.

4. Discussion

In the present study, the geriatric dogs with BLUTI showed a slightly elevated creatinine and BUN in comparison with apparently healthy adult dogs. Mild changes in creatinine and BUN might be as a result of post renal uremia due to partial obstruction or interference with the excretory pathway from inflammatory changes in UTI but in complicated BUTI with a comorbidity as CKD showed highly elevated levels of creatinine and BUN. The findings of the present study were similar to the reports of authors Jasim (2012) ^[7], Kandula and Karlapudi (2015)^[8], Focak et al. (2017)^[9] and Sarma and Kalita (2019) ^[10]. A significantly (p<0.05) decreased serum total protein and albumin in the cystitis affected animals compared to the apparently healthy adult control group could be attributed to the loss of protein and albumin through urine. Decreased production and increased loss of albumin during inflammation due to bacterial actions which causes increased vascular permeability and passage of albumin into interstitial space was responsible for hypoalbuminemia in dogs affected with bacterial lower urinary tract infections (Throop et al., 2013 and Fransson *et al.*, 2007) ^[11, 12]. This was in accordance with Das et al. (2017)^[13] and Roopali et al. (2018)^[14] who recorded significant (p < 0.05) decrease in mean values of total protein, Andonova et al. (2010) ^[15] and Yogeshpriya et al. (2018) ^[16], who recorded significant (p < 0.05) decrease in mean values of albumin in dogs affected with bacterial lower urinary tract infections. Other biochemical parameters like ALT and glucose were within the reference range indicating that there was no systemic involvement other than lower urinary tract, whereas in complicated BUTI with comorbidity as diabetes mellitus the glucose levels were increased in the range of 240- 260 mg/dl. Regarding CRP (C-reactive protein) findings, significantly (p < 0.05) elevated (47.2±4.6 mg/L) values were seen in the present geriatric dogs of BLUTI. Present findings are in agreement with findings of Seo et al. (2012) ^[17] who studied C - reactive protein on experimentally induced cystitis in dogs, noticed increased CRP levels. CRP is

produced rapidly in response to not only tissue damage but also the presence of bacteria in the urinary bladder. This could be explained by the fact that bacterial infection activates a diverse number of cytokines, including interleukin (IL)-6 which primarily stimulates the synthesis of C-reactive protein in the liver, and has a role in c-reactive protein activation of the classical complement system needed for initiating the opsonization, phagocytosis, and lysis of invading microorganisms (Mold et al., 1982, Yamashita et al., 1994, Chuang et al., 2010 and Hsiao et al., 2012) [18, 19, 20, 21]. Creactive protein is an acute phase protein and elevated after infection, inflammation or tissue damage (Gewurz et al., 1982) [22]. C-reactive protein has been reported to be a suitable marker of infection and tissue damage in dogs and its usefulness for the early diagnosis and therapeutic monitoring of various diseases has been evaluated in veterinary medicine (Fransson et al., 2004, Ceron et al., 2005, Nielsen et al., 2007, Naseri, 2008, Khalil and Humadi, 2020 and Pradeep, 2014) [23, 24, 25, 26, 27, 28]

 Table 1: Biochemical and biomarker parameters in healthy and BLUTD of dogs

Sl. No.	Parameters	Healthy adult dogs (n=10)	Bacterial L UTI (n=134)
1	Creatinine (mg/dl)	1.25±0.13	1.54±0.16
2	BUN (mg/dl)	22.14±0.23	24.32±0.47
3	ALT(IU/L)	38.29±1.11	40.18±1.10
4	Total Protein(g/dl)	7.21±0.22	4.58±0.29*
5	Albumin (g/dl)	3.40±0.18	2.21±0.24*
6	Glucose (mg/dl)	80.11±1.73	104.68 ± 1.48
7	SDMA (µg/dl)	8.15±0.21	8.23±0.14
8	C-reactive protein (mg/L)	10.2±2.6	47.2±4.6*

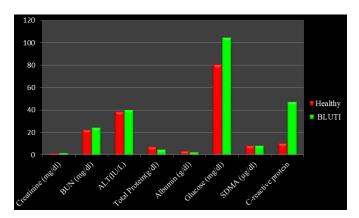


Fig 1: Biochemical and biomarker parameters in healthy and BLUTI of dogs

5. Conclusion

From the present study, it may be concluded that the lower urinary tract infections, particularly, bacterial cystitis are quite common among the geriatric dogs. Total protein, albumin and C-Reactive protein were the most significant biochemical and biomarker alterations apart from other non-significant features that is associated with severity, complexity and chronicity of the condition. Biochemical and biomarker evaluation helps the vet to initiate effective treatment and to know its outcome.

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