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Bhadarka Chandni R

Department of Fruit Science, College of Horticulture, Junagadh Agricultural University, Junagadh, Gujarat, India

Kanzaria DR

Department of Fruit Science, College of Horticulture, Junagadh Agricultural University, Junagadh, Gujarat, India

Prerna Prachi

Department of Fruit Science, College of Horticulture, Junagadh Agricultural University, Junagadh, Gujarat, India

Karmur NN

Department of Fruit Science, College of Horticulture, Junagadh Agricultural University, Junagadh, Gujarat, India

Shivani R Patel

Department of Fruit Science, College of Horticulture, Junagadh Agricultural University, Junagadh, Gujarat, India

Corresponding Author: Bhadarka Chandni R

Department of Fruit Science, College of Horticulture, Junagadh Agricultural University, Junagadh, Gujarat, India

Influence of growth retardants on growth and flowering of papaya (*Carica papaya* L.) CV. GJP 1

Bhadarka Chandni R, Kanzaria DR, Prerna Prachi, Karmur NN and Shivani R Patel

Abstract

The investigation titled "Effect of growth retardants on dwarfism and flowering of papaya (*Carica papaya* L.) cv. GJP 1" was conducted at the Fruit Research Station, Lalbaug, Junagadh Agricultural University, Junagadh during the year 2022-23. The experiment followed a Randomized Block Design with three replications and included 10 treatments: T_1 (Control), T_2 (Ethrel 150 ppm), T_3 (Ethrel 250 ppm), T_4 (Ethrel 350 ppm), T_5 (Cycocel 750 ppm), T_6 (Cycocel 1500 ppm), T_7 (Cycocel 3000 ppm), T_8 (Paclobutrazol 250 ppm), T_9 (Paclobutrazol 500 ppm), and T_{10} (Paclobutrazol 1000 ppm). The results of the study showed that the treatment with Cycocel 3000 ppm resulted in the smallest plant height (142.44 cm), shortest average internodal length (2.87 cm), lowest bearing height (63.97 cm), height of the plant at the time of bearing (105.90 cm), leaf stalk length (46.51 cm), and shortest time to first flowering (61.83 days) and first fruit set (66.61 days). Additionally, this treatment exhibited a male-to-female ratio (plant) of 0.89 and the highest number of leaves (33.74).

Keywords: Growth retardants, growth, flowering, papaya Carica papaya L.

1. Introduction

Papaya (*Carica papaya* L.) is a highly prized and delectable fruit crop cultivated in tropical and subtropical regions across the globe, mainly between latitudes 32° N and S. Among the 48 species in the Caricaceae family, *Carica papaya* is the only one that is edible (Chadha, 1992). Originally from Mexico and tropical America, it was introduced to India from Malacca during the 1^{6th} century. Today, papaya is widely grown worldwide, with India being a leading producer of this fruit.

In India, papaya cultivation thrives in the southern peninsular regions, particularly in Tamil Nadu, Karnataka, Kerala, and Andhra Pradesh. The country has approximately 146,000 hectares of land dedicated to papaya cultivation, resulting in an annual production of 5,540,000 metric tons, with an average productivity of 37.94 metric tons per hectare (Anon., 2020). Among the Indian states, Andhra Pradesh holds the top position as the largest papaya producer, followed by Gujarat. In Gujarat, papaya is cultivated over an estimated area of 18,189 hectares, yielding a production of 1,107,880 metric tons, and boasting a productivity of 60.90 metric tons per hectare (Anon., 2020)^[3].

Papaya plants are herbaceous and evergreen, characterized by a single straight trunk and trifoliate leaves with long petioles. They typically reach a height of 2.2 to 2.4 meters and can tolerate low temperatures at elevations up to 1500-2000 meters above sea level. Papaya exhibits three sex forms: monoecious, dioecious, and hermaphrodite (Arrilia *et al.*, 1980)^[4]. Female plants produce shorter fruits compared to hermaphrodite plants. One remarkable aspect of papaya growth is that after flowering, both leaf and floral initiation and differentiation occur simultaneously, leading to continuous fruit production throughout the year. Due to its nutritional value and affordability, papaya is often referred to as the "poor man's fruit."

Papaya contains approximately 89.6% moisture, 0.5% protein, 0.1% fat, 9.5% carbohydrates, and trace amounts of calcium, phosphorus, and iron. It is also a rich source of various natural compounds such as alkaloids, pectins, volatile compounds, proteolytic enzymes, growth inhibitors, and the enzyme papain (Ram, 2005)^[25]. The presence of papain is particularly noteworthy.

To regulate plant height and growth, growth retardants, which are organic chemicals, are utilized. These compounds slow down cell division and expansion in tissues without causing any formative effects. Among them, paclobutrazol has gained popularity in tree fruit crops.

Growth retardants often work by inhibiting the formation of growth-active gibberellins (GAs), which helps reduce unwanted shoot elongation (Singh, 2004; Mansuroglu *et al.*, 2009) ^[27, 19]. Besides controlling growth, these chemicals can also be employed in ornamental crops to enhance foliage color, strengthen flower stems, stimulate flowering, and improve resistance against environmental stresses (Kahar, 2008) ^[14].

2. Materials and Methods

The study titled "Effect of growth retardants on dwarfism and flowering of papaya (*Carica papaya* L.) cv. GJP 1" was conducted at the Fruit Research Station, Lalbaug, Junagadh Agricultural University, Junagadh, from January 2022 to December 2022. The experimental design employed was a Randomized Block Design (RBD) with 10 treatments, comprising T₁ (Control), T₂ (Ethrel 150 ppm), T₃ (Ethrel 250 ppm), T₄ (Ethrel 350 ppm), T₅ (Cycocel 750 ppm), T6 (Cycocel 1500 ppm), T₇ (Cycocel 3000 ppm), T₈ (Paclobutrazol 250 ppm), T₉ (Paclobutrazol 500 ppm), and T₁₀ (Paclobutrazol 1000 ppm). Each treatment was replicated three times.

The main objective of the experiment was to investigate the effects of growth retardants on various growth and flowering parameters of the papaya plant. The parameters studied included plant height, average internodal length, bearing height, height of the plant at the time of bearing, leaf stalk length, days to first flowering, days to first fruit set, male: female ratio (plant), number of leaves, length of male flower stalk, and length of female flower bud. The data collected from the experiment underwent statistical analysis using the method proposed by Panse and Sukhatme (1985) ^[31]. The significance of each character was assessed using the "F" test. Additionally, the Standard Error of Mean (S. Em. \pm) and Critical Difference (CD) were calculated at a 5% level of significance to evaluate the variation and significance among the different treatments

3. Result and Discussion

The data presented in Tables 1 and 2 clearly indicate that the growth retardants had a significant impact on the growth and flowering parameters of the papaya plants studied in this experiment.

3.1 Plant growth parameters

The investigation of the data clearly demonstrated that the application of various growth retardant treatments had a significant impact on several plant growth parameters in papaya. Notably, the treatment with Cycocel 3000 ppm (T_7) resulted in the lowest values for plant height (142.44 cm), average internodal length (2.87 cm), bearing height (63.97 cm), height of the plant at the time of bearing (105.90 cm), and leaf stalk length (46.51 cm). Additionally, this treatment led to the highest number of leaves (33.74).

The observed effects can be attributed to the nature of cycocel, which acts as a growth retardant by inhibiting the cyclization of geranyl pyrophosphate to copyallyl pyrophosphate in the gibberellin biosynthesis pathway. This inhibition hinders cell division and elongation, thereby arresting vegetative growth in the plant. These findings align with previous studies conducted on various other fruit crops, such as acid lime, phalsa, apple, strawberry, grape, and sapota, where similar effects of growth retardants on plant growth have been reported (Obadiya *et al.*, 2018; Chundawat and Gupta, 1974; Guha, 1993; Kumra *et al.*, 2018; Kaur *et al.*, 2022; Agrawal and Dikshit, 2008; Varu *et al.*, 2020; Mishra and Varu 2022; Bhadarka *et al.*, 2023) ^[22, 8, 10, 1, 29, 24, 5, 13, 23, 24]

3.2 Flowering parameters

The data analysis revealed that the application of different growth retardants had a significant impact on flowering parameters, specifically days to first flowering, days to first fruit set, and male: female ratio (plant). However, there was no significant effect on the length of the male flower stalk and the length of the female flower bud.

Plants treated with growth retardants exhibited early flowering, and the shortest time to first flowering (61.83 days) was observed in papaya plants treated with cycocel 3000 ppm (T_7). This treatment was comparable to T_5 and T_6 treatments (64.86 and 66.83 days, respectively) in terms of early flowering. Similarly, early fruit set was noted in plants treated with growth retardants, and the minimum time to first fruit set (66.61 days) was recorded in plants treated with cycocel 3000 ppm (T_7). This treatment was comparable to T_5 and T_6 treatments (71.53 and 69.60 days, respectively) in terms of early fruit set.

The male: female ratio (plant) was significantly lower (0.89) in papaya plants treated with cycocel 3000 ppm (T_7). This result was in line with T_5 and T_6 treatments (1.08 and 1.03, respectively), which also exhibited a lower male: female ratio. The reduction in the male: female ratio may be attributed to the action of cycocel, although the specific mechanism is not fully understood.

It is proposed that cycocel promotes the formation and translocation of flowering stimuli or hormones from the leaf to the axils of the leaves, leading to early flowering and subsequent early fruit set. These findings align with similar studies conducted on other fruit crops like papaya, strawberry, citrus, guava, and wood apple, where the effects of growth retardants on flowering and fruiting were reported (Hazarika *et al.*, 2016; Kumar *et al.*, 2012; Salomon, 1981; Brahamchari *et al.*, 1996; Subrata *et al.*, 2019; Meera *et al.*, Makwana *et al.*, 2023; Vasava *et al.*, 2023)^[11, 16, 26, 6, 28, 18, 30]. Additionally, the reduced male: female ratio in cycocel-treated papaya plants is consistent with previous research on papaya by Ghose and Sen (1975)^[9].

Treat.	Treatmonta	Plant height	Average internodal	Bearing Height of the plant at		Leaf stalk	Number of
code	Treatments	(cm)	length (cm)	height (cm)	the time of bearing (cm)	length (cm)	leaves
T ₁	Control	190.89	3.89	81.07	126.93	60.93	27.93
T ₂	Ethrel 150 ppm	173.39	3.53	74.87	122.03	58.78	28.56
T ₃	Ethrel 250 ppm	172.86	3.50	73.13	117.77	55.40	29.43
T_4	Ethrel 350 ppm	166.33	3.33	71.73	116.80	54.95	29.47
T5	Cycocel 750 ppm	150.89	3.09	66.07	110.67	48.38	31.96
T ₆	Cycocel 1500 ppm	142.78	3.05	65.83	107.80	47.95	32.53
T7	Cycocel 3000 ppm	142.44	2.87	63.97	105.90	46.51	33.74
T8	Paclobutrazol 250 ppm	162.72	3.33	71.34	114.73	53.61	29.83
T9	Paclobutrazol 500 ppm	162.22	3.29	67.87	114.19	50.67	29.61
T10	Paclobutrazol 1000 ppm	155.00	3.17	66.57	111.07	49.75	30.52
S. Em.±		8.568	0.156	2.768	3.677	2.189	1.057
C. D. at 5%		25.46	0.46	8.22	10.92	6.50	3.14
C. V. %		9.16	8.16	6.82	5.55	7.2	6.03

Table 1: Effect of growth retardants on growth parameters of papaya (Carica papaya L.) cv. GJP 1

Table 2: Effect of growth retardants on flowering parameters of papaya (Carica papaya L.) cv. GJP 1

Treat.	Treetmonts	Days to first	Days to first	Male: Female ratio	Length of male	Length of female
code	Treatments	flowering	fruit set	(plant)	flower stalk (cm)	flower bud (cm)
T ₁	Control	85.83	92.03	1.45	24.53	3.82
T ₂	Ethrel 150 ppm	79.03	84.69	1.38	22.28	4.50
T3	Ethrel 250 ppm	77.89	83.32	1.37	21.06	4.95
T 4	Ethrel 350 ppm	76.00	81.63	1.31	20.45	4.48
T5	Cycocel 750 ppm	66.83	71.53	1.08	19.06	4.26
T ₆	Cycocel 1500 ppm	64.86	69.60	1.03	18.99	4.33
T7	Cycocel 3000 ppm	61.83	66.61	0.89	17.82	4.41
T8	Paclobutrazol 250 ppm	73.26	78.32	1.30	19.68	4.05
T9	Paclobutrazol 500 ppm	73.01	78.08	1.28	19.94	4.19
T10	Paclobutrazol 1000 ppm	71.00	76.53	1.19	20.65	4.21
S. Em.±		2.403	2.363	0.070	1.212	0.202
C. D. at 5%		7.14	7.02	0.21	NS	NS
C. V. %		5.71	5.23	9.89	10.27	8.12



Fig 1: Effect of growth retardants on growth of papaya (Carica papaya L.) cv. GJP 1



Fig 2: Effect of growth retardants on flowering of papaya (Carica papaya L.) cv. GJP 1

4. Conclusion

The findings from the investigation lead to the conclusion that applying a foliar spray of Cycocel (3000 ppm, *i.e.*, 3 ml/litre of water) on the 30^{th} and 45^{th} day after transplanting effectively suppresses vegetative growth, including parameters such as plant height, bearing height, internodal length, and leaf stalk length. Additionally, this treatment promotes early flowering and fruit set, resulting in a lower male: female ratio (plant), and an increase in the number of leaves.

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