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## Epidural analgesia using dexmedetomidine with or without Lidocaine and Ropivacaine for elective ovariohysterectomy in dogs

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### Abstract

The study was conducted to find out the analgesic effects and the clinico-physiological and haematological effects of dexmedetomidine with or without Lidocaine and Ropivacaine in elective ovariohysterectomy in canines. Study conducted on 18 dogs brought for elective ovariohysterectomy and were randomly grouped into three comprising 6 animals in each. Epidural injection was administered after premedication in all groups. Group A animals with dexmedetomidine @ 10 µg/kg BW and in group B and C a in addition to dexmedetomidine, Lidocaine (2%) 4 mg/kg b. wt and Ropivacaine (0.5%) 2 mg/kg b. wt respectively. Complete analgesia at different regions in Group B and C and mild to moderate analgesia was observed in Group A. Onset of analgesia and onset of motor blockade was shortest in Group C. Duration of analgesia, duration of motor blockade and recovery time was longer in Group C compared to Group B and A. Rectal temperature decreased significantly ( $p < 0.01$ ) in all the groups. The results were recorded and discussed.

**Keywords:** dexmedetomidine, dogs, local anaesthetics, elective ovariohysterectomy

### Introduction

Elective ovariohysterectomy in bitch is a surgical procedure widely employed in veterinary practice to reduce the chances of pyometra, uterine tumors or other pathologies (Bencharif *et al.*, 2010) [4]. Other benefits include population control and elimination of undesirable behaviours associated with hormonal cycling (DeTora and McCarthy, 2011) [9]. General anaesthetics depress many of the centrally acting functions such as the respiratory and cardiovascular centers. Other than these effects, there are incidences of anaphylactic shock or death. If the animal is not properly fasted before general anaesthesia there are chances of vomiting and aspiration pneumonia. Other complications like vital organ damage, seizures, clotting disorders or visual impairment are rarely reported with general anaesthesia (DeLay, 2016) [8].

Extradural or epidural anaesthesia can be preferred over general anaesthesia for performing ovariohysterectomy to avoid the bad effects of general anaesthesia, as it is also safe and cost effective (Shah *et al.*, 2017) [25]. The drugs used for epidural anaesthesia are local anaesthetic agents (Freire *et al.*, 2010) [10],  $\alpha_2$  agonists and other potent sedatives (Soares *et al.*, 2004) [26] and their combinations with sedative agents (Odette and Smith, 2013 [21] and Carregaro *et al.*, 2014) [7].

The synergistic effect of epidural dexmedetomidine with local anaesthetics prolongs the duration of analgesia, sensory/motor block and post-operative analgesia (Salgado *et al.*, 2008) [23]. Dexmedetomidine cause additional analgesic and sedative benefits than medetomidine and produces sedation and analgesia and the effect is twice that of the medetomidine (Ahmad *et al.*, 2018) [1]. Ropivacaine is 3 to 4 times more potent than lidocaine, analgesic affects last longer and provides prolonged duration; has intermediate vasoconstrictive properties, so it does not require adrenalin in its formulation (Bleckner *et al.*, 2010) [5]. Ropivacaine is less lipophilic than bupivacaine and penetrate less to large myelinated motor fibres (Kuthiala and Chaudhary, 2011) [18].

### Materials and Methods

Eighteen female dogs brought to the Teaching Veterinary Clinical Complex for elective ovariohysterectomy were selected and grouped into three comprising 6 animals in each group.

All the animals were fasted overnight (12 hours) and routine clinical examination was carried out prior to epidural analgesic trial. Following premedications, propofol (1%) was

used for induction as and when needed and epidural injection was administered. The procedure followed is mentioned in Table 1.

**Table 1:** The procedure followed is mentioned

Group	Pre-medication dose & route	Sedative dose & route Epidural	Epidural analgesic drugs
A	Glycopyrrolate @ 0.01 mg/kg b. wt., I/M.	Midazolam @ 0.7mg/kg b. wt. I/V.	Dexmedetomidine @10µg/kg b. wt.
B			Dexmedetomidine @10µg/kg b. wt. + lidocaine @ 4mg/kg b. wt.
C			Dexmedetomidine @10µg/kg b. wt. + Ropivacaine @ 2mg/kg b. wt.

Epidural drug administration was done monitored and anal sphincter score was graded as per the method described by Shah *et al.* (2017) [25]. All the animals were evaluated for the physiological parameters before administration of Premedication at 0 minute (base line), 10, 30, 60, 90 and 120 minutes respectively following administration of epidural analgesic drugs. The blood samples were collected in sterile vials containing EDTA prior to premedication at 0 minute (base line), thereafter 30, 60, 90 and 120 minutes after administration of epidural analgesic drug for haemoglobin, packed cell volume (PCV), total erythrocyte count (TEC), total leukocyte count (TLC) and differential leukocyte count (DLC).

## Results and Discussion

The onset of analgesia and motor blockade was shortest in Group C and longest in Group A. Duration of analgesia was longest in Group C followed by Group B. Similar findings were also reported by Bajwa *et al.* (2011) [3] and Kalappa *et al.* (2016) [14] in human and Kumari *et al.* (2017) [17] in goats. The faster onset of analgesia recorded with dexmedetomidine and ropivacaine might be due to the high volume of the drugs; as increased volume caused spreading of drugs uniformly which leading to faster onset of analgesia (Setayesh *et al.*, 2001) [24].

Compared to group B and group C, time required for onset of motor blockade was longer in group A. Similar trends of motor blockade onset timing was also recorded by Bajwa *et al.* (2011) [3] in human. Alpha2-agonist tends to inhibit A $\delta$  and C fibres which were responsible for pain perception more potently than A $\alpha$  fibres responsible for motor function and proprioception (Butterworth and Strichartz, 1993) [6].

Compared to group A, longer duration of analgesia was exhibited by group B and C animals. Similar findings were also observed by Hiroki *et al.* (1997) [11] in dogs. Longer duration of analgesia recorded in the current study with dexmedetomidine-lidocaine and dexmedetomidine-ropivacaine might be due to reduction in the systemic absorption of local anaesthetics due to the combination of dexmedetomidine, as dexmedetomidine mediated vasoconstriction in smooth muscle and venous plexus (Nishikawa and Dohi, 1990) [19].

Duration of motor blockade was higher in Group C compared to Group A and B. Similar findings of prolonged duration of motor blockade with dexmedetomidine and ropivacaine were also observed by Kaur *et al.* (2017) [13] in human. Prolonged motor blockade recorded in group C might be due to greater uptake of ropivacaine by nerve membrane due to the volume and also due to the presence of epidural fat which act as a deposit site for slow release of drug (Shah *et al.* 2017) [25].

**Table 2:** Mean  $\pm$  SE values of onset of analgesia, duration of analgesia, onset of motor blockade, duration of motor blockade and recovery time recorded in Group A, B and C

Groups	Onset of analgesia (min)	Onset of motor blockade (min)	Duration of analgesia (min)	Duration of motor blockade (min)	Recovery time (in min)
A	3.18 $\pm$ 0.07 <sup>C</sup>	3.51 $\pm$ 0.10 <sup>B</sup>	51.50 $\pm$ 0.88 <sup>A</sup>	154.17 $\pm$ 1.16 <sup>A</sup>	207.50 $\pm$ 1.05 <sup>A</sup>
B	2.23 $\pm$ 0.08 <sup>B</sup>	2.23 $\pm$ 0.07 <sup>A</sup>	72.33 $\pm$ 1.05 <sup>B</sup>	225 $\pm$ 1.29 <sup>B</sup>	238.33 $\pm$ 1.05 <sup>B</sup>
C	1.33 $\pm$ 0.05 <sup>A</sup>	2.00 $\pm$ 0.11 <sup>A</sup>	110.17 $\pm$ 1.44 <sup>C</sup>	240.83 $\pm$ 1.24 <sup>C</sup>	286.67 $\pm$ 1.97 <sup>C</sup>
Significance	**	**	**	**	**

Longest recovery time was recorded in group C with unassisted walk after completion of surgical procedure as compared to group A and group B. Prolonged recovery time with dexmedetomidine-ropivacaine was also observed by Kamble *et al.* (2016) [12] in buffalo calves. This can be due to the ropivacaine which was having the long-acting duration (4-6 hours) due to higher protein binding to  $\alpha_1$ - acid glycoprotein (Hiroki *et al.*, 1997) [11].

Mild to moderate analgesia observed in Group A and in Group B and C, Complete analgesia was achieved at tail, perineum and thorax after 5 minute and 3 minutes respectively. Complete analgesia was recorded with epidural anaesthesia following 3 and 5 minutes in group C and B respectively. Similar finding of complete and prolonged analgesia was also reported by Amarpal *et al.* (2007) [2] in buffalo calves. This finding might be due to the high volume of drugs; as increased volume caused spreading of drugs uniformly which led to faster onset of analgesia (Setayesh *et*

*al.*, 2001) [24].

Moderate relaxation of anal sphincter was observed in Group A whereas in Group B and C animals, profound relaxation was observed. Recovery time was longest in Group C followed by Group B and A. Few minutes following midazolam administration; moderate sphincter relaxation was observed in three groups which might be due to muscle relaxant effect of midazolam which was mediated by glycine receptors in the spinal cord (Ritcher, 1981) [22].

The haemoglobin (Hb), pack cell volume (PCV), total erythrocyte count (TEC), Total leukocyte count (TLC) and differentiate leukocyte count (DLC) did not show any significant difference in three groups although some minor variations observed between the groups.

The rectal temperature was recorded with significant fall from 0 minute till the end of last observation period (120 minutes) in all the groups. Similar findings were also documented by Kinjavdekar (1998) [15] in goats, Amarpal *et al.* (2007) [2] in

buffalo calves, and Kumar *et al.* (2016) <sup>[16]</sup> in dogs following epidural anaesthesia. Decreased rectal temperature recorded in the current study was due to stimulation of  $\alpha_2$  C receptors caused by dexmedetomidine (Lemke, 2004) <sup>[20]</sup>, as it decreased heat production owing to decreased muscular activity and metabolic rate.

### Conclusion

Epidural injection of dexmedetomidine – ropivacaine and dexmedetomidine – lidocaine did not produce Clinico-physiological and haematological changes in dogs undergoing elective ovariohysterectomy. On the basis of analgesia, motor blockade, anal sphincter relaxation and recovery time, dexmedetomidine-ropivacaine produced better epidural analgesia than dexmedetomidine alone and dexmedetomidine-lidocaine for elective ovariohysterectomy.

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