www.ThePharmaJournal.com

The Pharma Innovation



ISSN (E): 2277-7695 ISSN (P): 2349-8242 NAAS Rating: 5.23 TPI 2023; SP-12(9): 801-808 © 2023 TPI

www.thepharmajournal.com Received: 18-06-2023 Accepted: 22-07-2023

Sanjay Paunikar

Zoological Survey of India, Central Zone Regional Centre, Vijay Nagar, Jabalpur, Madhya Pradesh, India

Mrinal Kumar Das

Zoological Survey of India, Andaman & Nicobar Regional Centre, Port Blair Andaman & Nicobar, Island, India

Edible freshwater fish diversity across the fish market in Jabalpur, Madhya Pradesh, central India

Sanjay Paunikar and Mrinal Kumar Das

Abstract

Fishes are one of the most important vertebrate group provide rich protein source in human diet and other animals. The domestic fish markets play a significant role in the livelihood of the rural population and people consumed variety of fishes for their taste and protein requirements. To investigate the edible fish diversity of freshwater across the major fish markets of Jabalpur city, Madhya Pradesh, Central India. There is not any information regarding variety of freshwater fishes found in fish markets of Jabalpur city. The study has been conducted from April 2022 to July 2023 from different fish markets of Jabalpur city, Madhya Pradesh, Central India. The information on the fish diversity of the market were collected and identified from the different fish vendor's along with some question regarding local name of fish, source of fish. The different freshwater fish specimens were observed, collected and identified from the available literature.

During the study period it has been observed and identified of 34 fishes species belonging to 10 orders under 17 families and 25 genera. Among these, 28 freshwater fish species are indigenous and 6 freshwater fishes are exotic species in the fish markets those surveyed in different areas of Jabalpur city. The IUCN status, price in kg of different fishes and demand of the fishes, various problems facing by fish vendors was also discussed in the paper.

Keywords: Fish diversity, fish market, freshwater, Jabalpur, Madhya Pradesh

Introduction

Fishes are significant role in the socioeconomic development of the country, as it is a valuable source of livelihood for a huge section of economically backward population, gainful employment, alternate income and stimulates the growth of new subsidiary industries. Fish are at present in soaring require in food markets, they are widely consumed in many parts of the world because they possess maximum of protein, vitamins, low saturated fat and also contain omega fatty acids known to support good health (Peter *et al.*, 2013; Barik, 2017) [2, 14].

Fish and other products and finally market play significant role in economy and livelihood in the different country (Islam, 2006; FAO, 2020) ^[6, 5]. In the fish market variety of fishes are available for the different consumers (Chourey *et al.*, 2014) ^[4]. Fish mostly remain in acceptable quality till the end of this chain but in conditions like high temperature and high relative humidity the spoilage of fish accelerates with greater economic losses to the seller (Alam, *et al.*, 2010) ^[1]. The maintenance of fish from spoilage requires good handling practices that involve regulation of the temperature in such a way that accelerate fish preservation so that the quality and quantity of the fish remain undamaged (Kumar *et al* 2008)

Madhya Pradesh is one of most important state of the country and recognized as a tiger state and its forest areas. Jabalpur or Sanskardhani is the one of the important city of Central India and traditionally known as Mahakousahal region of Madhya Pradesh state. It is situated almost in the centre of India. Jabalpur has a network of rivers, streams, dams, ponds and lakes and found rich fish faunal diversity in the area. The important rivers flow from Jabalpur town, Narmada, Gour Rivers, Bargi, Khandari and Pariyat reservoirs make them rich and diverse fish and other fauna of Jabalpur district (Malviya, 1961; Sharma, 2008; Chandra *et al.*, 2010; Paunikar *et al.*, 2012) [10, 13, 3, 11]. The place is nationally and internationally renowned due to Ordnance factories, several Central Government and State Research Institute and other several Governments and NGO offices within the Jabalpur city. The largest railway network in the Jabalpur city, several trains are passing through from the city (North-South and West-East). The different religions peoples live in the city for different jobs and are always come here from different states.

Corresponding Author: Sanjay Paunikar Zoological Survey of India, Central Zone Regional Centre, Vijay Nagar, Jabalpur, Madhya Pradesh, India Due to their different culture their food preference and cultural practices is also different.

The fish marketing survey is revealed to describe fish diversity of different market places of Jabalpur preference for the city dwellers and socio-economic status of market associated people. Jabalpur is situated at heart of India. The Jabalpur city is well connected to other big cities of Central India and passing through several national and state highways. The live and dead fishes are to transport small and over larger distances from Bargi, Parityat and Khandari reservoirs, Gourd-Rivers adjoining area and other states are also well connected by road and railways, like Andhra Pradesh, Gujarat, Maharashtra and West Bengal.

Very few studies on species diversity of edible freshwater fishes of the fish market in different states of the country, but no information about species diversity of edible freshwater fishes in Jabalpur fish market. The present paper reports the preliminary list of edible fresh water fishes across the Jabalpur fish market.

Materials and Methods

The study was carried out in seven fish markets within Jabalpur city from April 2022 - July 2023. The name of different fish market places within Jabalpur city are presented in the Table-1. The fish market areas were regularly surveyed for fish species supply on the day and others marketing relation information were collected. The different fish species variety was collected through survey of fish market during period with the help of observation of fishes available in the market. Photographs were taken after and some questionnaire and interview taken to the fish vendors. The specimens brought to the laboratory of Zoological Survey of India, Central Zone Regional Centre, Jabalpur for identification. The standard literatures like Talwar and Jhingran (1991) [14] and Jayaram (1999) [8] were followed for the identification. FishBase website was also referred for various aspects of fish fauna (www.fishbase.org). Morphometric measurements and meristic characters were taken and the identified samples were preserved in 10% formalin.

Table 1: List of different Locality of Fish markets in Jabalpur city.

Sr. No	Name of the various market places in Jabalpur city	Latitude and longitude	
1	Ansari Fish Market, Delight area, Near Jabalpur railway station, Civil Line, (Main Fish Market- Big Vendors)	23.1652 ⁰ N, 79.9507 ⁰ E	
2	Gora Bazar, Near Pany Naka, Jabalpur (Small Fish Vendors)	23.1442 ⁰ N, 79.9576 ⁰ E	
3	Ekta Chowk, Tilhari, Jabalpur (Small Fish Vendors)	23.1239°, N, 79.7665°E	
4	Bilhari, Petrol Pump, Jabalpur (Small Fish Vendors)	23.1353 ⁰ N, 79.9663 ⁰ E	
5	Rampur Fish Market, Jabalpur (Small Fish Vendors)	23.1325 ⁰ N, 79,9109 ⁰ E	
6	Madan Mahal Fish Market, Jabalpur (Small Fish Vendors)	23.1599 ⁰ N, 79.9210 ⁰ E	
7	Damoh Naka Chowk, Jabalpur	23.192855, N, 79.925741 E	

Results and Discussion

The present study recorded 34 species of fishes belonging 10 orders under 17 families and 25 genera from the fish market of Jabalpur city. Among these, 28 species of fishes are indigenous and 6 fishes are exotic fish species in seven fish markets those surveyed in different areas of Jabalpur city. The IUCN status, price/kg and demand of the fishes were presented in Table-2. During the study it has been observed and recorded that 28 species of indigenous freshwater fish belongs to 10 orders and 17 families and 6 freshwater exotic fish species belongs to 3 orders and 3 families from different fish markets of Jabalpur city (Table 2; Plate).

The results of the present study show order Siluriformes dominant group in the assemblage composition contributing (12 species, 35.29%), Cypriniformes contribute (7 species, 20.58%) followed by Perciformes (4 species, 11.76%), formed, Cichliformes, Osteoglossiformes, Mastaba Beloniformes (2 species, 5.88%, each) and Synbranchiformes, Gobiiformes and Mugiliformes (1 species, 2.94%, each) respectively. The total indigenous fish species are contributing 82.35%, whereas exotic fishes are contributing 17.64% to total fishes in the fish market of Jabalpur. Similarly, order Cypriniformes among the identified exotic fishes are only 3 species (8.82%) followed by Order Cichliformes contributing 2 species (5.88%) and Siluriformes 1 species (2.94%) (Table 2 and Fig 1, 2). The Order Siluriformes, Cypriniformes and Perciformes are maximum group of fish identified a total 22 species and contributing 64.70% in different fish markets at Jabalpur city (Table 2).

The survey also indicated that the 15 (44.11%) species have high demand whereas, 19 55.82%) species medium or low demand during the study (Table 2). Among the, exotic fish species has medium or low demand as per theour study. The

rates of these fishes are also low, so poor peoples of the society purchased and consumed these types of fishes. The Indian Major Carps (IMC) fishes are high demand in the Jabalpur city as compared to other fishes and prices ranges are 140-180/ kg, indigenous *Clarius magur*, *Channa striatus*, and *Mastacembelus armatus* are Rs. 600-700, 340-380 and 300-340/ kg as per fish size and availability. The other fresh water fishes *Heteropneustes fossilis*, *Clarius magur*, *Channa striatus*, *Wallago attu* and *Mastacembelus armatus* (Singhi, magur, Shol, attu, bam) has higher rate than other fishes. The most of the fishes are Least Concerned as per IUCN database, (2019) ^[7], whereas some fishes are near threatened (NT) and few fishes are not evaluated (NE) yet.

It was observed that there are two types of fishes brought in the Jabalpur fish market as ice preserved fish and live fish. The Indian Major Carps (IMC), Rohu (Labeo rohita), Mrigal (Cirrhinus mrigala) and Labeo catla (Catla) and other carps like Common carps (Cyprinus carpio), Grass carp (Ctenopharyngodon idella) etc. Tilapia (Oreochromis mossambica), Shol (Channa striatus), Pangus (Pangasius pangasius), Notopterus notopterus, Indian freshwater Sharks (Wallago attu), Shingi (Heteropneustes fossilis), Magur (Clarias batrachs) and Bam (Mastacembelus armatus) etc. are transported here as live from the Gour River, Khandari and Bargi reservoir and nearby districts. The other fishes brought in the Jabalpur market from the other states. The preserved freshwater fishes are transported to the market in different size ice box or cages but live fish by different types of drum or tray.

The price rate of the fishes depends upon the production/catch, availability, supply and demand of fishes to the people. According to market survey, the daily supply of fish in Jabalpur fish markets relies on transport, cold storage,

agents, traders etc. It has been found out that in the fish market about 60% is supplied from local sources and about 40% is supplied from outside Jabalpur and its surroundings areas. The maximum fish is supplied from different places like from Gour River, Khandari and Bargi reservoirs and adjoining areas of Jabalpur city as well as from states like Andhra Pradesh, Gujarat, Maharashtra and Madhya Pradesh. The trains, trucks vans and others are used for transport of fish to wholesalers in Jabalpur city. A total of 03 big fish

market and 7 small vendors fish markets are present in Jabalpur city and few markets are also present nearby areas. Fishes are the valuable source of protein for humans. It was found that in the Jabalpur fish market variety of freshwater fishes are available. The different peoples of the society purchased and consumed the various fishes as per availability and price of the fishes are different from the fish market within areas.

Table 2: Freshwater fishes identified from the different fish market of Jabalpur city

Sl. No	Order/ Family	Scientific Name	Common Name	IUCN	Rs./Kg	Demand
1		Labeo catla (Hamilton, 1822)	Catla	LC	160-180	High
2		Labeo rohita (Hamilton, 1822)	Rohu	LC	160-180	High
3	<u> </u>	Cirrhinus mrigala (Hamilton, 1822)	Mrigal	LC	160-180	High
4	Cypriniformes Cyprinidae	Ctenopharyngodon idellus (Valenciennes, 1844)	Grass carp	NE	100-120	Low
5		Cyprinus carpio (Linnaeus, 1758)	Common carp	VU	120-120	High
6		Hypophthalmichthys molitrix (Valenciennes, 1844)	Silver carp	NT	80-140	low
7		Amblypharyngodon mola (Hamilton, 1822)	Indian Carplet	LC	120-140	High
8	Cilif	Mystus vittatus (Bloch, 1794)	Striped Dwarf Catfish	LC	160-180	Low
9		Mystus tengara (Hamilton, 1822)	Tengara	LC	160-180	High
10	Siluriformes Bagridae	Mystus cavasius (Hamilton, 1822)		LC	160-180	High
11		Sperata seenghala (Sykes, 1839)	Giant River Catfish	LC	160-180	High
12		Ompok bimaculatus (Bloch, 1794)	Butter Catfish	NT	160-180	Low
13	Siluridae	Ompok pabda (Hamilton, 1822)	Butter Catfish	NT	160-180	Low
14		Wallago attu (Bloch and Schneider, 1801)	Freshwater Shark (Boal)	NT	160-180	High
15	Sisoridae	Bagarius bagarius (Hamilton, 1822)	Bagarius (Bagari)	NT	160-180	High
16	Pangasidae	Pangasius pangasius (Hamilton, 1822)	Pangas catfish	LC	160.200	High
17	Clariidae	Clarias magur (batrachus) (Hamilton, 1822)	Air Breathing Catfish	LC	600-700	Medium
18		Clarias gariepinus (Burchell, 1822)	African cat fish (Thai Magur)	LC	140-160	High
19	Heteropneustidae	Heteropneustes fossilis (Bloch, 1794)	Stinging Catfish (Singi)	LC	180-200	Medium
20	Mastacembeliformes	Mastacembelus armatus (Lacepede, 1800)	Bam	NT	300-340	High
21	Mastacembelidae	Macrognathus aculeatus (Bloch, 1786)	Goichi	NE	250-300	Low
22	Cichliformes Cichlidae	Oreochromis mossambica (Peters, 1852)	Tilapia	LC	140-160	High
23	Cicinnornies Cicinidae	Oreochromis niloticus (Linnaeus, 1758)	Nilotica	LC	140-160	
24	Synbranchiformes Synbranchidae	Monopterus cuchia (Hamilton, 1822)	Swamp eel (Kuchia)	LC	140-180	Medium
25	Gobiiformes Gobiidae	Glossogobius giuris (Hamilton, 1822)	Tank Goby	LC	80-120	Medium
26	A 1 416	Channa marulius (Hamilton, 1822)	(Shol)	LC	340-380	High
27	Anabantiformes Channidae	Channa punctata (Bloch, 1893)	Green Snake-head Murre (Lata)	LC	340-380	Medium
28	Chamhuae	Channa striatus (Bloch, 1793)	Striped Snake-head Murrel (Shol)	LC	340-380	Medium
29	Anabantidae	Anabas testudineus (Bloch, 1793)	Koi	DD	200-240	Medium
30	Mugiliformes Mugilidae	Mugil cephalus (Linnaeus, 1758)	Mullet	NE	140-180	Medium
31	Beloniformes Belonidae	Xenentodon cancila (Hamilton, 1822)	Freshwater Garfish	LC	120-140	Low
32	Hemiramphidae	Hyporhamphus limbatus (Valenciennes, 1847)	Congaturi Halfbeak	LC	200-240	Low
33	Osteoglossiformes	Notopterus chitala (Hamilton, 1822)	(Chitala)	NT	160-200	Low
34	Notopteridae	Notopterus notopterus (Lacepede, 1800)	Bronze Feather Back	LC	160-200	

LC: Least Concern, NT: Near Threatened, NE: Not Evaluated, VU: Vulnerable, EN: Endangered, NT: Near Threatened, DD: Data deficient

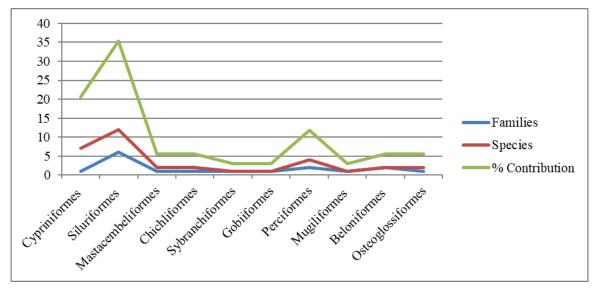


Fig 1: Relationship between families and species in different orders of fishes in the Jabalpur Fish Market

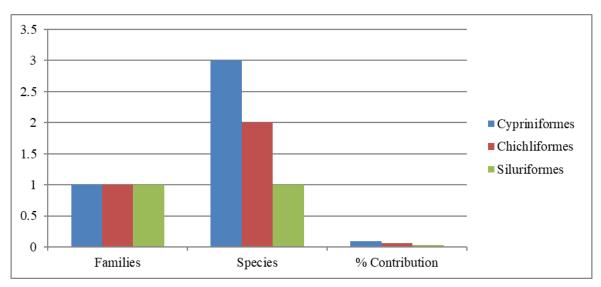


Fig 2: Relationship between families and species under various orders of exotic fishes

Species diversity of Freshwater Fishes in Jabalpur city Fish Market



Fig 3: Labeo catla (Hamilton, 1822)

Fig 4: Labeo rohita (Hamilton, 1822)



Fig 5: Cirrhinus mrigala (Hamilton, 1822)

Fig 6: Cyprinus carpio (Linnaeus, 1758)



Fig 7: Oreochromis mossambica (Peters, 1852)



Fig 8: Mystus tengara (Hamilton, 1822)



Fig 9: Glossogobius giuris (Hamilton, 1822)



Fig 10: Ompok pabda (Hamilton, 1822)



Fig 11: Channa marulius (Hamilton, 1822)



Fig 12: Mastacembelus armatus (Lacepede, 1800)



Fig 13: Wallago attu (Bloch and Schneider, 1801)

Fig 14: Pangasius pangasius (Hamilton, 1822)



Fig 15: Amblypharyngodon mola (Hamilton, 1822)

Fig 16: Notopterus notopterus (Lacepede, 1800)



Fig 17: Hyporhamphus limbatus (Valenciennes, 1847)

Fig 18: Xenentodon cancila (Hamilton, 1822)



Fig 19: Fish vendors selling fishes of different species of fishes in Fish Market, Jabalpur $^{\sim}$ 806 $^{\sim}$

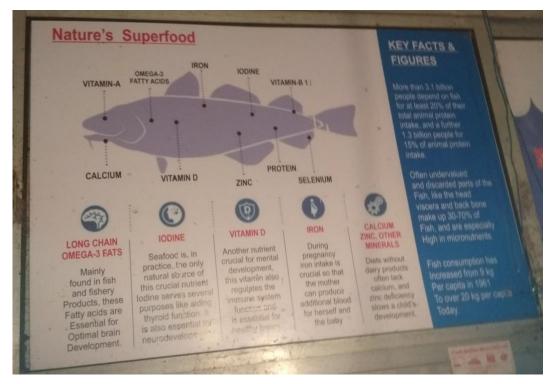


Fig 20: Board display the economic importance of fishes in the fish vendors in the fish market of Jabalpur



Fig 21: Person cutting the different freshwater fishes for the customers in Fish Market, Jabalpur

Conclusion

Fish market reflects the preference of fish food of local inhabitants. Jabalpur fish markets reflect the existence of good number species of freshwater fishes which indicate that a large number of peoples prefer the variety of species of fishes for their protein requirements. Marketing influences socio-economy and livelihood of people related to marketing activities in the areas. Fish markets of Jabalpur influence the livelihood of a good number population associated through fish marketing business. The Government intervention and public private intervention is necessary for commercial implementation and improvement

Acknowledgement

Authors are very much thankful to the Director, Dr. Dhriti Banerjee, Zoological Survey of India, Kolkata and Officer-in-Charge, Central Zone Regional Center, Zoological Survey of India, Jabalpur for providing facilities and encouragements. Authors are also thankful to fish vendors from different fish market of Jabalpur for giving cooperation during the study.

References

- Alam MJ, Yasmin R, Rahman A, Nahar N, Pinky NI, Hasan M. A study on fish marketing system in Swarighat, Dhaka, Bangladesh. Nature and Science. 2010;8(12):96-103.
- 2. Barik NK. Freshwater fish for nutrition security in India: Evidence from FAO data. Aquaculture Reports. 2010;7:1-6.
- Chandra K, Sharma RM, Ojha P. A compendium on the faunal resources of Narmada River Basin in Madhya Pradesh. Rec. zool. Surv. India. Occ. Paper No., 310: 1-152 (Published by the: Director, Zool. Surv. India, Kolkata); c2010.
- 4. Chourey P, Meena D, Varma A, Saxena G. Fish Marketing System in Bhopal (M.P.). Biological Forum An International Journal. 2014;6(1):19-21.
- FAO. The state of world Fisheries and Aquaculture 2020.
 Sustainability in Action. Food and Agriculture Organization, Rome; c2020.
- 6. Islam MR. Managing Diverse Land Uses in Coastal Bangladesh: Institutional approaches. Environment and Livelihoods in Tropical Coastal Zones; c2006. p. 237.
- IUCN. The IUCN Red List of Threatened Species. Version 1.18. tps://www.iucnredlist.org. Accessed date: December 2019.
- 8. Jayaram KC. Fresh water fishes of the Indian region. Narendra Publishing House, Delhi; c1999. p. 118-134.
- Kumar BG, Datta KK, Joshi PK, Katiha PK, Suresh R, Ravisankar T, et al. Domestic Fish Marketing in India – Changing Structure, Conduct, Performance and Policies. Agricultural Economics Research Review. 2008;21:345-354.
- Malviya RB. A list of fishes from Jabalpur, M.P. Proc. National Academy of Science India Section B. 1961;31(3):349-354.
- Paunikar S, Tiple A, Jadhav SS, Talmale S.S. Studies on Ichthyofaunal Diversity of Gour River, Jabalpur, Madhya Pradesh, Central India. World Journal of Fish and Marine

- Sciences. 2012;4(4):356-359.
- 12. Peter S, Chopra S, Jacob JJ.A fish a day, keeps the cardiologist away! A review of the effect of omega-3 fatty acids in the cardiovascular system. Indian Journal of Endocrine Metabioloism. 2013;17:422-429.
- 13. Sharma HS. Pisces Faunal diversity of Jabalpur district (M.P.). Zoological Survey of India; c2008. p. 225-274.
- 14. Talwar PK, Jhingran A. Inland fishes of India and adjacent countries. Oxford and IBH publishing Co. Pvt. Ltd; c1991. p. 250-286.